

WHY WE DON'T Awaken

by Jennifer Schuitemaker

HAVE YOU EVER WONDERED WHY the thousands of self-help programs and spiritual teachings fail to get the desired results?

Many of you likely already experience times when life feels magical. You have so much energy, you zip through your chores and nothing seems to bother you. When you are in this state, your senses are heightened and you are resonating with a powerful awareness or connectedness with Who You Are and Why You Are Here.

Unfortunately, this awakened or connected state never seems to last very long.

You might find yourself getting angry and impatient when you're stuck in traffic, you lose it when your two-year-old finger paints the living room walls, and just as you're in the midst of yet another diaper change for your newborn, your mother-in-law calls to say she's stopping by in five minutes... What happened to all the good feelings? Why is it so difficult to stay awakened and connected?

Is there a certain skill set, criteria or knowledge that you need to acquire? Or maybe there's just something fundamentally wrong with you.

You Can't Awaken If You're Already Awake

Albert Einstein said, "Problems cannot be solved with the same mindset that created them." ***So what if I told you that you never had a problem to begin with—that you are already awakened or enlightened?*** Let me repeat that: You are already awakened. Just like you cannot be semi-pregnant you cannot be semi-awakened.

There's your first clue. You were either born divine of universal god stuff, or you were born flawed. It's one or the other.

"How could that be?" you may ask. "Something *has* to be wrong with me!"

You will find this belief perpetuated by the same consciousness that offers us billions of solutions aimed at someone who has a *problem*. This is why most methods never work. They keep us on a perpetual cycle of self-improvement.

This conviction that something is wrong with you is part of a powerful subjective belief system that you acquired from your parents and authority figures. All your life you have been taught that if you continue to subscribe to this system, you will be protected and accepted by these members of your society. The inculcation or programming of these beliefs is so strong, most of us never stop to question them. Are they really true? Can we actually validate them?

We Are Our Own Worst Enemies...Or Are We?

Over the last few centuries we have been led to believe that an intrinsic part of us is hindering our own progress. It is the reason why we are unable to awaken. We have been taught that our physical essence, which includes our bodies and our physical world, was **chosen** as the part of us we must transcend, denounce and vilify if we seek to become enlightened or achieve permanent awakening. Since we are by nature physical creatures and cannot escape this dilemma, how could we help but feel fractured and impaired from the start?

Can you imagine what this has done to our collective psyche as this belief has been passed down from generation to the next? What has this cost us as a species and a society, which continually seeks out solutions to its so-called 'brokenness'?

The Force of Life Didn't Get It Wrong

When we judge our physical arena and the wondrous pleasures and bounty of it all as inferior, we assume that the Force of Life is prone to creating accidents and engaging in futile enterprises that lead to dead ends.

Think about it: why would an all-creative, all-purposeful, all-expansive and all-powerful Force of Life create an imperfect being? How can you try to become Whole when you believe wholeheartedly that you are fragmented from a huge part of Who You Are? Continuing to believe that our physicality is wrong assumes something is wrong with creation itself.

You cannot become a better higher version of yourself by spending your life energy escaping yourself. Wholeness is integration, not fragmentation. For the path to true Unity, Freedom and Release lies with Acceptance. A place where there was nothing to condemn or judge. A place where everything simply IS.

Our refusal to acknowledge our original Wholeness may be the greatest impediment to the progress of our species to finally re-awaken.

There was never anything wrong with you. There was never anything to fix because you were never broken.

Stop healing all the problems you never had in the first place. Free yourself from beliefs that hold you back from experiencing you and your world in a revolutionary new way, and awaken to the true essence of yourself as Whole Being.

Are You Ready?

About the author: Jennifer Schuitemaker is a visionary, mentor, author and speaker. Her latest book, Why We Don't Awaken: What Holds Humanity Back From Reaching Its Full Potential, is available at amazon.com. Her revolutionary new approach to Enlightenment reconnects others to the splendor and

magnificence of who they were all along. Jennifer's first book, You Were Never Broken – There's Nothing to Fix, is also available on Amazon.com. Please visit www.JenniferSchuitemaker.com for more inspiration. Jennifer will be presenting a two-part workshop series at Conscious-Con about Why We Don't Awaken.

